



**AA/AS In Human Development Degree Planning Worksheet**

While bachelor’s degree programs in Human Development must meet all six foundations, associate degree programs must fulfill Foundation 1, plus three of the remaining five foundations. Note: Associate degrees with psychology concentrations have the additional requirement of Introduction to Psychology. It is recommended for students to complete introductory level coursework to lay the foundation for future studies.

Knowledge of each outcome can be demonstrated through transcript credit, individual prior learning assessment (iPLA), prior learning evaluation (PLE), credit by examination, or specific courses at Empire State College. The goal of this worksheet is to provide a list of some of the SUNY Empire courses that fulfill each foundation. While many students will take one or more courses for each foundation, some courses may meet more than one foundation. Students will explain how they meet each foundation in their Degree Program Rationale.

In consultation with their mentor, students are encouraged to use the worksheet below to help determine how their degree will meet Area of Study Guidelines. Empire’s general graduation requirements (e.g., SUNY General Education, Educational Planning, credit totals) also apply.

***Approved by dept: March 7, 2022***

*Note: Students should consult their mentor to discuss the appropriateness of advanced (3000 & 4000) level courses within their associate degree programs.*

**Foundation 1 – Lifespan Development**

**Choose one:**

HUDV 1015: Human Development: Introductory \_\_\_\_\_

HUDV 3025: Human Development: Advanced \_\_\_\_\_

**Other:** \_\_\_\_\_

**OR choose one from each developmental category:**

**Child development**

HUDV 1005 Child Development: Introductory \_\_\_\_\_

HUDV 3015 Child Development: Advanced \_\_\_\_\_

HUDV 1010 Child and Adolescent Development: Introductory\* \_\_\_\_\_

HUDV 3020 Child and Adolescent Development: Advanced\* \_\_\_\_\_

**Other:** \_\_\_\_\_

*\*fulfills Child and Adolescent Development requirements*

**Adolescent development**

HUDV 2005 Adolescent Development: Introductory \_\_\_\_\_

HUDV 3080 Adolescent Development: Advanced \_\_\_\_\_

**Other:** \_\_\_\_\_

**Adult development**

HUDV 2015 Adult Development: Introductory \_\_\_\_\_  
HUDV 3005 Adult Development: Advanced \_\_\_\_\_  
HUDV 2020 Adult Development and Aging: Introductory\* \_\_\_\_\_  
HUDV 3010 Adult Development and Aging: Advanced\* \_\_\_\_\_

**Other:** \_\_\_\_\_

*\*fulfills Adult and Aging Development requirements*

**Aging**

HUDV 2010 Gerontology \_\_\_\_\_  
PSYC 3115 Psychology of Aging \_\_\_\_\_

**Other:** \_\_\_\_\_

**Foundation 2—Biological Bases of Development**

*Note: If a series of developmental courses were chosen to meet Foundation 1, those courses could also meet this Foundation.*

**Choose one:**

HUDV 3055: Developmental Neurobiology \_\_\_\_\_  
PSYC 2005: Brain & Behavior \_\_\_\_\_  
PSYC 3040: Biological Psychology \_\_\_\_\_  
BIOL 1002: Human Biology \_\_\_\_\_

**Other:** \_\_\_\_\_

**Foundation 3—Cognitive Bases of Development**

*Note: If a series of developmental courses were chosen to meet Foundation 1, those courses could also meet this Foundation.*

**Choose one:**

HUDV 3057 Cognitive Development \_\_\_\_\_  
PSYC 2025: Educational Psychology: Introductory \_\_\_\_\_  
PSYC 3015: Educational Psychology: Advanced \_\_\_\_\_  
EDST 4005: Adults as Learners: Theories & Strategies \_\_\_\_\_  
EDST 4010: Human Learning: A Developmental Approach \_\_\_\_\_

**Other:** \_\_\_\_\_

**Foundation 4 – Social and Emotional Bases of Development**

*Note: If a series of developmental courses were chosen to meet Foundation 1, those courses could also meet this Foundation.*

**Choose one:**

HUDV 2035: Attachment in Early Childhood \_\_\_\_\_  
HUDV 3065: Human Exceptionalities \_\_\_\_\_  
HUDV 3066: Developmental Psychopathology \_\_\_\_\_  
HUDV 3035: Attachment Across the Lifespan \_\_\_\_\_  
ECET 4015: Development & Meaning of Play \_\_\_\_\_

**Other:** \_\_\_\_\_

**Foundation 5—Cultural Diversity****Choose one:**

- HUDV 3065: Human Exceptionalities \_\_\_\_\_
- HUDV 3075: Western Civilization & Human Development \_\_\_\_\_
- HUDV 4010: Development of Gender Identity \_\_\_\_\_
- PSYC 3055: Cultural Psychology \_\_\_\_\_
- PSYC 4030: Media Psychology \_\_\_\_\_
- PSYC 4035: Multicultural Counseling \_\_\_\_\_
- ANTH 1010: Introduction to Cultural Anthropology \_\_\_\_\_
- GSST 1005: Introduction to Women, Gender & Sexuality Studies \_\_\_\_\_
- GSST 2005: Introduction to LGBTQ+ Studies \_\_\_\_\_
- SOCI 2010: Introduction to Race, Class & Gender \_\_\_\_\_
- ANTH 3010: Diversity & Cultural Competency \_\_\_\_\_
- ANTH 3020: Families in Global Perspective \_\_\_\_\_
- ANTH 3030: Immigration Today: Gender & Family \_\_\_\_\_
- CHFS 3060: Multicultural Study of Children & Families \_\_\_\_\_
- GSST 3030: Sex and Gender in Global Perspective \_\_\_\_\_
- Other:** \_\_\_\_\_

**Foundation 6—Methodology and Ethics****Choose one:**

- HUDV 3085 Research Methods for Lifespan Development\* \_\_\_\_\_
- SOSC 3025: Social Science Research Methods \_\_\_\_\_
- Other:** \_\_\_\_\_
- \*formerly HUDV 4020: Research Perspectives on Human Development*

**Additional Requirement for Concentrations in Psychology**

- PSYC 1005 Introduction to Psychology \_\_\_\_\_
- Other:** \_\_\_\_\_