ORIENTATION SEPTEMBER 11

Save the date—Thursday, September 11 from 9 ‘til noon at 113 West Ave. for the Academy’s fall 2014 Orientation! Come and visit your A.L.L. friends and meet new members, meet with study group leaders, sign up for additional study groups, volunteer for committees or Special Interest Groups, buy an Apple Tree (the Apple Tree Journal, that is!), get caught up on all that’s been happening this summer, and last—but not least—enjoy the buffet! If this Orientation is like last, the members outdid themselves bringing sweet and savory dishes for the buffet.

At left, Claire Olds peruses the buffet at our spring 2014 Orientation!

Below: Members meet with study group leaders last spring.

Executive Director Jeff Shinaman has a special program planned especially for those who have worked on and waited for a formal agreement among A.L.L., SUNY Empire State College and the Foundation.

“It’s been a busy, productive summer at A.L.L., and we’re anxious to see everyone at Orientation,” said Shinaman.

School Time!

Notes from the Director—Jeff Says . . .

On Wednesday August 27, 2014, the Executive Council unanimously approved a written agreement between the Academy for Lifelong Learning at Saratoga Springs, SUNY Empire State College and the Empire State College Foundation.

We look forward to the signing of this document at the Academy’s fall orientation on Thursday, September 11 at 10am at 113 West Avenue. The orientation starts at 9am with the program to start with the signing at 10am. All are welcome.

The purpose of this agreement is to establish a formal relationship between Empire State College, the Empire State College Foundation (a not-for-profit fund raising organization affiliated with the College), and the Academy for Lifelong Learning.

SHOUT OUT!

Chip Beers
Thanks for being A.L.L.’s most prolific photographer! Semester after semester, we can count on you to take beautiful photos of study groups and special events, like July’s Wiawaka Day.

We really appreciate you!
REGISTRATION RECORD BROKEN!

Helen Patti (pictured at right in the parking lot at 111 West Ave.) rode her bike to the A.L.L. offices (a five-mile round trip from her home) Monday, Aug. 18 to register for classes. Helen’s application is one of many that broke the record for the most number of registered study group members ever! As of August 28th, we have 237 registered for study groups with 21 of them new to the Academy! With two weeks to go before classes begin, and new registrations still being received every day, how high will it go?

NOTE CARDS AT THE NORTHSHEIRE

If you attended last year’s holiday lunch-eon, you may remember the fabulous note cards featuring artwork by our own talented A.L.L. members. There were boxes of black/white and painted cards, and they ALL SOLD OUT that day! Good News—the note cards are now on display and available for sale at the Northshire Bookstore on Broadway in Saratoga Springs! A.L.L. receives a generous percentage of the sales, a spot in the public eye on Broadway, and you get the cards. That’s a win/win/win!

ACADEMY OUTREACH

To fulfill our mission to provide leadership, personal development and social opportunities for adults with a continuing passion for learning, we must have financial means and continuous public awareness. With this in mind, we have engaged in several outreach programs to achieve both. In July, volunteers promoted the Academy and raised over $1,200 with dinner at 99 Restaurant in Saratoga Springs and parking cars one evening in the Saratogian parking lot. Coming up, we will staff a booth at the 50+ Boomer Expo at the Saratoga Springs City Center on October 5, host the Dr. Landry Lunch & Learn on October 24 (details below) and hold our annual Barnes & Noble Bookfair on 12/13/14. Be sure to look for special events that will be open to members and the public this fall and winter. We appreciate your support and participation. If you have suggestions for additional outreach programs, please contact Jeff Shinaman at the Academy.

UPCOMING EVENTS

Dr. Landry Lunch & Learn

Friday, Oct 24 from 11 AM - 2 PM
the Academy is host to Dr. Roger Landry for “Empowering Adults to Take Control of Their Own Aging” at the Holiday Inn, 232 Broadway, Saratoga springs. This program, which includes lunch, is $25 for current Academy members and $30 for the public. Please join us by filling out and returning the registration form on page _____ or find it on our website at: http://www.wsc.edu/all/dr-landry-event/

Sponsored by Prestwick Chase at Saratoga, the event features two presentations: “Ten Ways to Age Successfully” and “Keeping Our Minds Sharp” with a served lunch in between and a book signing following. Published in 2012, Dr. Landry’s book Life Long, Die Short: A Guide for Aging Successfully will be available for sale and signing at the event for $20.

Pictured at left: Dr. Roger Landry

Dr. Roger Landry is a preventive medicine physician who specializes in empowering older adults to take control of their own aging. As an author, lecturer, researcher and consultant, he has written extensively and is frequently called upon as a media consultant to successful aging. Dr. Landry is a powerful voice for what is possible as we age.

For more information on Dr. Landry and to see several brief videos, please go to www.drroger.org.

Invite your friends, and see you there!
COMMITTEE NEWS

Some committees have changed their names and redefined their responsibilities. Most notably, the Development and Long Range Planning Committee has transformed into the Resource Development Committee. This new committee will engage in efforts that attract resources needed to carry out the mission of the Academy. Responsibilities include: conducting a fund drive letter campaign twice a year, developing sources for potential sponsors, grants and outreach opportunities and finding potential physical facilities to accommodate Academy growth as needed. If you are interested in serving on this committee, please contact Jeff at the Academy office. Some of the DLRP Committee responsibilities have been assigned to the Executive Council to determine mission, by-laws, strategic plan and long range goals.

Other Committee Name Changes

Administration and Finance is now Finance Committee
Membership and Promotion is now Membership Committee
Social and Special Programs is now Event Planning Committee

Executive Council Welcomes New Council Members

Pat Friesen—Curriculum Committee Chair

Sheryl Egger and Louise Young—Membership Committee Co-Chairs

Pat Hart and Judy Tirelli—Event Planning Committee Co-Chairs

WANTED:

We're looking for a few good men! Members who Enjoy working with Numbers! The Finance Committee would like you to join us. Our next meeting will be Wednesday, October 15 at 10 AM in Room 191A at 111 West Ave. If you'd like more information, please call Anita Kopff at 518-648-5523 or e-mail akopff@frontiernet.net

WANTED:

Historian wanted! The historian works at his/her leisure and organizes A.L.L. photos, news articles, books, brochures & important documents. Interested? Call the Academy office today!

WANTED:

Have you seen our facebook page? Yup, it needs someone to make regular postings of photos, events and announcements. If you’re interested—whether you’re qualified or not right now—call the office. We’ll hook you up!

JIM HARTMAN

Hello all at A.L.L.!
As summer begins to draw to a close, we really are looking forward to the upcoming semester of classes, presentations and a variety of activities we have planned. Early data indicates that we are at least close, if not over, the highest membership total for a fall semester in our history! I certainly thank each and every one of you for your participation and promotion of our Academy. I hope to meet all new members on orientation day, September 11 and also hope that many returning members will join us as well.

Until next we meet, stay well and thanks again for all you do!

- Jim

Saratoga Senior Center NEWS

Lois Celeste, over at the Senior Center at 5 Williams St. here in Saratoga Springs, is extending an invitation to their Open House on Saturday, September 13th from 9 AM to 4 PM.

Save the date for free exercise classes, art classes, demonstrations, blood pressure clinic, shiatsu massage, pool table games, tarot card readings and more! Explore the affordable trips, classes and services available to adults age 50 and up.

Call the Center at 584-1621 or visit www.saratogaseniorcenter.org for more info!
at Saratoga Springs (an independent nonprofit member-driven and managed organization affiliated with the Road Scholar Institute Network.)

In part…the College agrees to provide classroom and program meeting room facilities on a space-available basis at no cost to A.L.L. at 113 and 111 West Avenue, and at 2 Union Avenue. The College will also furnish office and receptionist space at 111 West at no charge to A.L.L., in addition to phone, computer and internet access, and office furniture. The agreement also makes clear that the assets held by the Foundation for the Academy may be transferred as directed by the Academy to a qualified 501(c)(3): if the Academy chooses to form its own 501(c)(3), if the Academy chooses to be sponsored by another qualified 501(c)(3), or, if the Academy should choose to dissolve, the Academy can have all assets transferred to another qualified nonprofit of its choosing.

This is an historic moment for the Academy and has been years in the making. We thank all those Academy and College representatives that helped make this a reality.

We look forward to seeing you on the 11th for the signing and celebration.

JEFF SAYS . . . (CONTINUED FROM PAGE ONE)

A.L.L. WANTS TO KNOW

To better enable the Academy to know your preferences and needs, we’d like to pose a question or two here each month and ask that you send your response by snail mail (see address at left) or e-mail to Academy.Lifelonglearning@esc.edu. Your responses, whether negative or positive, will enable us to plan study groups and events that members want and will enjoy.

What do you like most about Academy Study Groups?
What is the best time/day for you to attend study groups?

STUDY GROUPS/CLASSES WITH OPENINGS

All applications are being processed on a first-come, first-served basis. Applications can still be sent through the U.S. mail or, now, hand-carried to the A.L.L. office. Please request an application from the A.L.L. office or visit our website at www.esc.edu/all if you are registering as a member or for your first study group. If you have already registered and wish to sign up for additional study groups, please use the registration form on page 6 of this newsletter.

Please call the Academy office to check on classes in which you are interested. There are new registrations and also classes that are dropped daily. In other words, a class that is full today may not be tomorrow. We’ll be glad to put your name on a waiting list.

Study Groups with openings at this writing are as follows: A Brief Survey of Elements in Indian, Chinese & Japanese Studies; A Study of Greek Tragedy, the Plays of Sophocles, Conflicts in the Bible, Explore Four Exhibits at the Tang Museum; History of Military Medicine: Egypt & Greece to Iraq & Afghanistan; Hollywood: Dying is Easy, Comedy is Hard; Intermediate Italian: Conversation & Writing; Interpretive Hikes at Moreau Lake State Park; Introduction to Historical Fashion; James Joyce Unpacked; Making Sense of Investing; Meet George Sand: Two of Her Novels; Mindful Doodling; Painting Lab; The Times They Were A’Changing; Remembering the 1960s; Tuesday Speakers Series; Using Computers to Enrich & Improve Quality of Life; Wednesday Speakers Series; You Can’t Make This Stuff Up; Writing Creative Nonfiction.

At this writing, study groups with no openings and for which we are accepting names for placement on wait lists are: Enjoying Poetry; Monday Speakers Series; Power Gained, Power Lost: The Tragedy of LBJ; The Three Bs and Others: Giants of Music; The Writers Circle; Great Decisions 2014: Discussing Current World Issues; Again, if the class you want has no openings now, it might tomorrow. Send the registration form on page 6 to add your name to the waiting list. If you don’t get into the class, we’ll send your check back.

Save me a seat!
FINGER LAKES TRIP REMEMBRANCES

Academy for Lifelong Learning members are the most wonderful associates in the greater Capital District,” states Pat Hart. If there is any doubt in your mind about this statement, attend classes, luncheons, seminars or travel with them. You will enjoy a special camaraderie and have a wonderful time as I did on our recent trip to the Finger Lakes.

We managed to spend a little time at four of the major Finger Lakes, namely, Seneca, Owasco, Skaneateles and Canandaigua. The Fox Run Winery at Penn Yan, New York is a beautiful setting with a wonderful view of Seneca Lake and the group seemed to thoroughly enjoy the wine tasting. I noticed a few packages as we boarded our bus to Geneva. We dined at beautiful Bellhurst Castle with classical harp music playing, had a boat ride on Skaneateles Lake and in spite of the rain, it was quite enjoyable. The group was enlightened at the Harriet Tubman Home and Seward House in Auburn on Wednesday and on Thursday we saw beautiful Sonnenburg Gardens before going to the Women’s History Museum. We discovered Wegman’s Market Cafe and it is the general consensus that we need one of these “huge” markets in our area. It was a busy three days and I think everyone had a favorite place or experience, hopefully to be repeated next year in a new locale.

We are fortunate to live in a State with as much history as New York, and I urge everyone to explore the Finger Lakes!!!

Above: Luncheon—al fresco—at Wegmans
At right: Gretchen & the Griffin—at the door of the Seward House Museum
Below: At the Garden Gate—Sonnenburg Gardens & Mansion
Photos by Gerald Hart

MEMBER NEWS

Sad news
A.L.L. Member Christine Root’s husband, Charles, passed away Aug. 16.
A.L.L. Member Bill Harrison passed away Aug. 13.
A.L.L. Member Carol McDermott passed away Aug. 22.
Long-time A.L.L. Member Ben Armiento passed away Aug 28.

The Academy sends our deepest sympathies to the families.

At left, Lou Tirelli, Frank McGoogan and Judy Tirelli are all smiles on the bus August 19 just before departing the Academy parking lot for the A.L.L. Finger Lakes trip. Days after returning (from what we are told was a fabulous trip—see above), Judy tells us Lou collapsed at home and was taken to Albany Med. At this writing, Judy advises that Lou is scheduled to have a pacemaker installed and should be home soon.
FALL 2014 OPEN CLASS REGISTRATION

For those who have already registered for one or two classes and would like to register for additional study groups, please use this form.

Registration for these additional classes is on a first-come, first-served basis by U.S. mail. Please be sure to include your check for these additional classes. First and second choice eight-week classes are $50 each. Additional classes (third and fourth choices) are $25 each. Four-week classes (Conflicts in the Bible and Explore Four Exhibits at the Tang Museum) are always $25 each.

For those who have not yet registered or for those who would like to become a member only, please use the Annual Membership Application and Fall Term Class Registration brochure which can be picked up at the Academy office or printed from the website at www.esc.edu/all. Classes with openings are listed on page 5 of this newsletter. Please list your courses in order of preference. Please feel free to call the office at 587-2100 ext. 2415 with any questions.

Class: ____________________________  Class: ____________________________

If the class(s) you select is/are full, you will be added to a waiting list.

CLASS FEES:

Second 8-week class (if already registered for 1 class)$50.00  $____________
Third Class  $25.00  $____________
Fourth Class  $25.00  $____________

GIFT GIVING

A.L.L. Annual Fund Contribution:  $ ____________

Amount to be applied to:
General Fund  $ ____________
Endowment Fund  $ ____________
Scholarship Fund  $ ____________

I would like to add the Academy for Lifelong Learning in my will. Please contact me ___

Are you eligible for matching funds? _____

(If so, please enclose a completed matching gift form from the company.)

Total Enclosed  $____________

Please make checks payable to: The Academy for Lifelong Learning

Mail application and payment to: A.L.L. Fall Open Class Registration, Academy for Lifelong Learning, SUNY Empire State College, 111 West Avenue, Saratoga Springs, NY 12866-6069.
The Academy for Lifelong Learning
at Saratoga Springs
Presents:

Lunch & Learn

Empowering Adults to Take Control of Their Own Aging

with

Dr. Roger Landry, Preventive Medicine Physician

Friday, October 24, 11 AM – 2:00 PM
Holiday Inn Saratoga Springs, 232 Broadway
11AM— Ten Ways to Age Successfully
12 Noon— Lunch served at your table
1PM— Keeping Our Minds Sharp

Public Welcome!
$30 includes lunch (Academy members: $25!)

With thanks to our sponsor:

PRESTWICK
CHASE
AT SARATOGA

Dr. Landry Lunch & Learn

Registration: Name__________________________________________ Academy Member?______
Guest______________________________________________________ Academy Member?______

Phone or e-mail____________________________________________

Please indicate luncheon choice:
(All served with mixed green salad, hot & cold tea & coffee)
_____ Chicken Parmesan with Pasta
_____ 3-Cheese Lasagna (Vegetarian)
_____ Baked Sole Filet with Potato

Send registration and check made out to:
Academy for Lifelong Learning
111 West Ave, Saratoga Springs, NY 12866
518-587-2100 x 2415

Www.esc.edu/all
This last page is deliberately without Academy news so you can send your Dr. Landry reservation (flip this page over) and keep the rest of your September issue of A.L.L. the News! See you there!